

Annotating Using Questioning

Highlight what you have a question about. When focusing on questioning, you are showing that you are really thinking and reflecting on the text. Force yourself to think further...what do you wonder about? What needs to be clarified for you?

Below, you will see examples of annotations that are considered to be questions. **The boxes in the margins are examples of question annotations.** Notice how each annotation clearly states the question and shows that the reader has done some careful thinking about the text.

A Fresh Look at Lunch

Time for Kids - 10/23/09

Congress is taking a hard look at school lunch. Nutrition experts agree: It's time for a change.

How much of what you ate for lunch today was fresh? A recent School Nutrition Association (SNA) study reveals that most schools cook fewer than half of their main courses from scratch. **Many school meals include packaged, processed foods that are loaded with salt and fat.** Experts say the time has come to shift school lunch away from packaged foods to locally grown natural ingredients.

The Child Nutrition Act is set to expire at the end of this month. Created in 1966, the act must be reauthorized every five years. It provides \$12 billion to pay for breakfast and lunch for some 30 million schoolchildren. Soon, Congress will take a look at how that money is spent.

The U.S. Department of Agriculture is also expected to weigh in. It plans to upgrade school-wide nutrition standards this year. **The standards control what is sold in school stores and vending machines, and what can be served in schools.** The last time these standards changed was 15 years ago, when high-calorie processed foods were more popular.

Dietary guidelines used to limit fat content but did not restrict carbohydrates. This resulted in school meals that were loaded with **pasta, bread, corn and potatoes.**

I wonder why Congress cares about school lunches? Shouldn't they be more concerned with the laws?

Who created the Child Nutrition Act? I need to find out how it has changed over the years...

Why do people about to do a big running race have to load up with these foods? I wonder if they provide extra energy?

If schools are supposed to watch out for our best interests, why are they serving us kids unhealthy foods every day?

I am curious as to what these standards will be? I wonder if there are going to be huge changes on the way?